

2019 FEBRUARY

LA PINE SENIOR ACTIVITY CENTER ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Tai Chi, 10 am Bridge, 12 pm	
Chair Yoga, 12 pm Mat Yoga, 1 pm	Line Dancing, 9 am Bingo, 5:45 pm	Grief Support, 10 am LUNCH, 11:45 am Bingo, 12:45 pm AA, 7 pm	Quilting, 9 am Line Dancing, 9 am Tai Chi, 10:30 am LUNCH, 12 pm La Pine Health Center Resource Help, 12 pm Physical Therapy Talk, 12pm Chair Yoga, 4 pm Mat Yoga, 5 pm	Quilting, 9 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	Tai Chi, 10 am Bridge, 12 pm	Chair Yoga, 12 pm Mat Yoga, 1 pm
	Line Dancing, 9 am Pinochle, 10 am Bingo, 5:45 pm	Feet Retreat, 9 am LUNCH, 11:45 am Bingo, 12:45 am Genealogy, 1 pm AA, 7 pm	Quilting, 9 am Line Dancing, 9 am Tai Chi, 10:30 am Behavioral Health, 12 pm LUNCH, 12 pm Chair Yoga, 4 pm Mat Yoga, 5 pm Paint with Paula, 5:30 pm	Quilting, 9 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	Tai Chi, 10 am Bridge, 12 pm	Chair Yoga, 12 pm Mat Yoga, 1 pm
	Line Dancing, 9 am Feet Retreat, 9 am Bingo, 5:45 pm	Grief Support, 10 am LUNCH, 11:45 am Bingo, 12:45 pm AA, 7 pm	Quilting, 9 am Line Dancing, 9 am Tai Chi, 10:30 am LUNCH, 12 pm La Pine Health Center Resource Help, 12 pm Physical Therapy Talk, 12pm Chair Yoga, 4 pm Mat Yoga, 5 pm	Quilting, 9 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	Tai Chi, 10 am Bridge, 12 pm	Chair Yoga, 12 pm Mat Yoga, 1 pm
	Line Dancing, 9 am Bingo, 5:45 pm	LUNCH, 11:45 am Bingo, 12:45 pm Genealogy, 1 pm AA, 7 pm	Quilting, 9 am Line Dancing, 9 am Tai Chi, 10:30 am LUNCH, 12 pm Behavioral Health, 12 pm Chair Yoga, 4 pm Mat Yoga, 5 pm	Quilting, 9 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm		

LA PINE SENIOR CENTER ACTIVITIES
OCTOBER

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday