

2019 JANUARY

LA PINE SENIOR ACTIVITY CENTER ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		01 CLOSED	02 Quilting, 9 am Tai Chi, 10:30 am LUNCH, 12 pm La Pine Health Center Resource Help, 12 pm	03 Quilting, 9 am Yoga, 9 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	04 Tai Chi, 10 am Bridge, 12 pm	05
06	07 Line Dancing, 9 am Free Legal Aid, 10 am Bingo, 5:45 pm	08 Board Meeting, 9 am Behavioral Health, 11am LUNCH, 11:45 am Bingo, 12:45 pm Genealogy, 1 pm AA, 7 pm	09 Quilting, 9 am Line Dancing, 9 am Tai Chi, 10:30 am LUNCH, 12 pm Lift Up La Pine Spaghetti Dinner, 6 pm	10 Quilting, 9 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	11 Tai Chi, 10 am Bridge, 12 pm	12 Chair Yoga, 1 pm Mat Yoga, 2 pm
13	14 Line Dancing, 9 am Pinochle, 10 am Bingo, 5:45 pm	15 Feet Retreat, 9 am Grief Support, 10 am LUNCH, 11:45 am Bingo, 12:45 am AA, 7 pm	16 Quilting, 9 am Line Dancing, 9 am Tai Chi, 10:30 am LUNCH, 12 pm La Pine Health Center Resource Help, 12 pm Chair Yoga, 4 pm Mat Yoga, 5 pm Paint with Paula, 5:30	17 Quilting, 9 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	18 Tai Chi, 10 am Bridge, 12 pm Paint Nite, 6 pm	19
20 Chair Yoga, 1 pm Mat Yoga, 2 pm	21 Line Dancing, 9 am Feet Retreat, 9 am Bingo, 5:45 pm	22 Behavioral Health, 11am LUNCH, 11:45 am Bingo, 12:45 pm Genealogy, 1 pm AA, 7 pm	23 Quilting, 9 am Line Dancing, 9 am Tai Chi, 10:30 am LUNCH, 12 pm Chair Yoga, 4 pm Mat Yoga, 5 pm	24 Quilting, 9 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	25 Tai Chi, 10 am Bridge, 12 pm	26 Chair Yoga, 1 pm Mat Yoga, 2 pm
27	28 Line Dancing, 9 am Bingo, 5:45 pm	29 LUNCH, 11:45 am Bingo, 12:45 pm AA, 7 pm	30 Quilting, 9 am Line Dancing, 9 am Tai Chi, 10:30 am LUNCH, 12 pm Chair Yoga, 4 pm Mat Yoga, 5 pm	31 Quilting, 9 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	01	02