

2019 APRIL

LA PINE SENIOR ACTIVITY CENTER ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	01 Line Dancing, 9 am Healthy Walking, 9:30 am Body Groove, 10:30 am Active Meditation, 11:45 am Bingo, 5:45 pm	02 Grief Support, 10 am LUNCH, 11:45 am Bingo, 12:45 pm AA, 7 pm	03 Quilting, 9 am Line Dancing, 9 am Tai Chi, 10:30 am LUNCH, 12 pm Physical Therapy Talk, 12:30	04 Healthy Walking, 8 am Quilting, 9 am Body Groove, 9:30 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	05 Tai Chi, 10 am Bridge, 12 pm	06
07	08 Line Dancing, 9 am Healthy Walking, 9:30 am Body Groove, 10:30 am Pinochle, 10 am Active Meditation, 11:45 am Bingo, 5:45 pm	09 Yoga, 8:30 am Board Mtg., 9 am LUNCH, 11:45 am Bingo, 12:45 pm Genealogy, 1 pm AA, 7 pm	10 Quilting, 9 am Line Dancing, 9 am Tai Chi, 10:30 am LUNCH, 12 pm Behavioral Health, 12 pm Hula Dance, 1 pm Paint with Paula, 5:30 pm	11 Healthy Walking, 8 am Quilting, 9 am Body Groove, 9:30 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	12 Tai Chi, 10 am Bridge, 12 pm	13
14	15 Line Dancing, 9 am Feet Retreat, 9 am Healthy Walking, 9:30 am Body Groove, 10:30 am Active Meditation, 11:45 am Pinochle, 10 am Bingo, 5:45 pm	16 Yoga, 8:30 am Grief Support, 10 am LUNCH, 11:45 am Bingo, 12:45 am AA, 7 pm	17 Quilting, 9 am Line Dancing, 9 am Tai Chi, 10:30 am LUNCH, 12 pm Physical Therapy Talk, 12:30 Hula Dance, 1 pm	18 Healthy Walking, 8 am Quilting, 9 am Body Groove, 9:30 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	19 Tai Chi, 10 am Bridge, 12 pm Seafood Dinner, 5 -7 pm	20
21	22 Line Dancing, 9 am Healthy Walking, 9:30 am Body Groove, 10:30 am Active Meditation, 11:45 am Bingo, 5:45 pm	23 Yoga, 8:30 am LUNCH, 11:45 am Bingo, 12:45 pm Genealogy, 1 pm AA, 7 pm	24 Quilting, 9 am Line Dancing, 9 am Tai Chi, 10:30 am LUNCH, 12 pm Behavioral Health, 12 pm Hula Dance, 1 pm	25 Healthy Walking, 8 am Quilting, 9 am Body Groove, 9:30 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	26 Tai Chi, 10 am Bridge, 12 pm	27
28	29 Line Dancing, 9 am Healthy Walking, 9:30 am Body Groove, 10:30 am Active Meditation, 11:45 am Bingo, 5:45 pm	30 Yoga, 8:30 am LUNCH, 11:45 am Bingo, 12:45 pm AA, 7 pm	01	02	03	04