

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			01 Quilting, 9 am Line Dancing, 9 am Tai Chi, 10:30 am LUNCH, 12 pm Physical Therapy Talk, 12:30	02 Healthy Walk, 8 am Quilting, 9 am Body Groove, 9:30 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	03 Tai Chi, 10 am Bridge, 12 pm	4
05	06 Line Dancing, 9 am Healthy Walk, 9:30 am Body Groove, 10:30 am Active Meditation, 11:45 am Bingo, 5:45 pm	07 Yoga, 8:30 am Grief Support, 10 am LUNCH, 11:45 am Bingo, 12:45 pm AA, 7 pm	08 Quilting, 9 am Line Dancing, 9 am Tai Chi, 10:30 am LUNCH, 12 pm Paint with Paula, 5:30 pm	09 Healthy Walk, 8 am Quilting, 9 am Body Groove, 9:30 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	10 Tai Chi, 10 am Bridge, 12 pm	11
12	13 Line Dancing, 9 am Healthy Walk, 9:30 am Body Groove, 10:30 am Active Meditation, 11:45 am Bingo, 5:45 pm	14 Yoga, 8:30 am Board Mtg., 9 am LUNCH, 11:45 am Bingo, 12:45 am Genealogy, 1 pm AA, 7 pm	15 Quilting, 9 am Line Dancing, 9 am Tai Chi, 10:30 am LUNCH, 12 pm Physical Therapy Talk, 12:30	16 Healthy Walk, 8 am Quilting, 9 am Body Groove, 9:30 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	17 Tai Chi, 10 am Bridge, 12 pm	18
19	20 Line Dancing, 9 am Feet Retreat, 9 am Healthy Walk, 9:30 am Pinochle, 10 am Body Groove, 10:30 am Active Meditation, 11:45 am Bingo, 5:45 pm	21 Yoga, 8:30 am Grief Support, 10 am LUNCH, 11:45 am Bingo, 12:45 pm AA, 7 pm	22 Quilting, 9 am Line Dancing, 9 am Tai Chi, 10:30 am LUNCH, 12 pm Behavioral Health, 12 pm	23 Healthy Walk, 8 am Quilting, 9 am Body Groove, 9:30 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	24 Tai Chi, 10 am Bridge, 12 pm	25
26	27 Line Dancing, 9 am Healthy Walk, 9:30 am Body Groove, 10:30 am Active Meditation, 11:45 am Bingo, 5:45 pm	28 Yoga, 8:30 am LUNCH, 11:45 am Bingo, 12:45 pm Genealogy, 1 pm AA, 7 pm	29 Quilting, 9 am Line Dancing, 9 am Tai Chi, 10:30 am LUNCH, 12 pm	30 Healthy Walk, 8 am Quilting, 9 am Body Groove, 9:30 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	31 Tai Chi, 10 am Bridge, 12 pm	01