

2019

AUGUST

La Pine Senior Activity Center  
August Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	01	02	03
				Quilting, 9 am Body Groove, 9:30 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	Healthy Walk, 9 am Bridge, 12 pm	GUN AND SPORTSMAN SHOW 9AM - 5 PM
04	05	06	07	08	09	10
<b>GUN AND SPORTSMAN SHOW 9AM - 3 PM</b>	Line Dancing, 9 am Body Groove, 10:30 am Harp Concert, Nicholas Carter, 12:00 pm Bingo, 5:45 pm	Yoga, 8:30 am Healthy Walk, 9 am Grief Support, 10 am LUNCH, 11:45 am Bingo, 12:45 pm AA, 7 pm	Quilting, 9 am Line Dancing, 9 am LUNCH, 12 pm Tai Chi, 5:30 pm	Quilting, 9 am Body Groove, 9:30 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	Healthy Walk, 9 am Bridge, 12 pm	
11	12	13	14	15	16	17
	Line Dancing, 9 am Body Groove, 10:30 am Pinochle, 9:30 am Bingo, 5:45 pm	Yoga, 8:30 am Healthy Walk, 9 am LUNCH, 11:45 am Bingo, 12:45 pm Genealogy, 1 pm AA, 7 pm	Quilting, 9 am Line Dancing, 9 am LUNCH, 12 pm PT Talk (Caregiver Burnout), 12:30 Tai Chi, 5:30 pm	Quilting, 9 am Body Groove, 9:30 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	Healthy Walk, 9 am Bridge, 12 pm	<b>FLEA MARKET 8AM - 4 PM</b>
18	19	20	21	22	23	24
<b>FREE School Supplies to all who have served in the Military and their families. 12 - 3 pm.</b>	Foot Clinic, 9 am Line Dancing, 9 am Body Groove, 10:30 am Bingo, 5:45 pm	Yoga, 8:30 am Healthy Walk, 9 am Grief Support, 10 am LUNCH, 11:45 am Bingo, 12:45 pm AA, 7 pm	Quilting, 9 am NO Line Dancing LUNCH, 12 pm PT talk (How to stay strong and mobile), 12:30 Tai Chi, 5:30 pm	Quilting, 9 am Body Groove, 9:30 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	Healthy Walk, 9 am Bridge, 12 pm	
25	26	27	28	29	30	31
	NO Line Dancing Body Groove, 10:30 am Bingo, 5:45 pm	Yoga, 8:30 am Healthy Walk, 9 am LUNCH, 11:45 am Bingo, 12:45 pm Genealogy, 1 pm AA, 7 pm	Quilting, 9 am NO Line Dancing LUNCH, 12 pm Tai Chi, 5:30 pm	Quilting, 9 am Body Groove, 9:30 am LUNCH, 12 pm Pinochle, 1 pm Weight Watchers, 5 pm	Healthy Walk, 9 am Bridge, 12 pm	